

A "Grasshopper" is a classic mixed drink consisting of chocolate and mint liqueurs and cream. However, when I first reached drinking age (18 in those days) my sister and I would occasionally go to a restaurant in my hometown and get "Ice Cream Grasshoppers". These were grasshoppers made with vanilla ice cream instead of cream, so they were like an ice cream shake. I'm hoping this recipe will bring back memories.

Fernet-Branca is a type of bitter. Don't know how easy it would be to find, and may not be necessary.

Grasshopper Shake

 Servings: 1

 Total: 5 mins

- ☐ 1 cup crushed ice
- ☐ 1 1/2 ounces green creme de menthe (see headnote)
- ☐ 1 1/2 ounces white creme de cacao
- ☐ 1 ounce half-and-half
- ☐ 1 teaspoon Fernet-Branca
- ☐ Pinch fine salt
- ☐ 4 ounces (1/2 cup) vanilla ice cream
- ☐ Mint sprig, for garnish

Step 1

Place a tall glass in the freezer.

Step 2

Combine the ice, creme de menthe, creme de cacao, half-and-half, Fernet Branca, salt and ice cream in a blender; puree on high speed until smooth and thick.

Step 3

Pour into the chilled glass and garnish with the mint sprig.

